

PATH CSU Cooperative Agreement

Crisis Stabilization Unit services are aimed at promoting positive change for the individual, and if needed, the family as a whole. These services are provided in a way that makes family/caregiver participation critical. The goal of CSU treatment is long term change. Real, lasting change is not possible for a youth without the support of the family and caregivers. Providing treatment and support to the child is ineffective, unless support is established with the youth's family members or caregivers. Further, we rely on your assistance in helping us to keep the unit a safe and secure environment. Outlined below are some of the components of the CSU treatment program that family members are encouraged to participate in, and some requirements that we have in place in to ensure the safety of the individuals on the unit:

- Recommended visiting and phone calls are between 5:30pm - 6:30pm each day. These times are recommended to best accommodate treatment needs and will be based on availability of family and schedule of therapeutic activities. If you plan to visit your child, please call the unit that day to let staff know. A maximum of 4 adult visitors at one time per individual are allowed; these visitors include guardians and individuals that they authorize to receive information regarding the individual.
- You will be asked to sign in when visiting your child. Please leave all coats, bags, cell phones, and purses in your vehicle. If you must bring personal belongings with you onto the unit, we ask that you check them with staff prior to visiting with your child.
- Caregivers/guardians must participate in assessments via telephone, telehealth equipment, or in person.
- Caregivers/guardians must inform CSU staff members regarding conflicts in scheduled meetings/appointments or cancellations by phone prior to the scheduled meeting.
- If applicable, caregivers/guardians are responsible for supplying the individual's medication(s) for their stay at the unit. Medication(s) will be released to caregivers/guardians upon individual's discharge. Any expired medication(s) will be returned to caregivers/guardians for proper disposal.
- Caregivers/guardians must participate in the discharge planning to prepare for the individual's transition back into the prospective communities and to discuss appropriate services/resources to further assist the individual upon their departure.
- If an individual becomes ill, CSU staff will make every effort possible to contact the caregiver/guardian. Therefore caregivers/guardians are asked to please be alert to phone calls from the CSU.

Since family involvement is such a crucial component to the treatment of the individual, family members and caregivers/guardians are expected to participate in these services. By signing below, the caregivers/guardians of the individual acknowledge their responsibility in participating in the individual's treatment at the CSU and to support the individual in adhering to the "Safety is Key" program expectations document.

Guardian Signature: _____ Date: _____