

Did You Know?

Nationwide,

- 32.2% of students had first drank alcohol (more than sips), before age 13.
- 11.3% of students used marijuana before age 13.
- 47.2% had used marijuana in their lifetime.
- 14.6% of students had sniffed glue, aerosol can contents and used other inhalants to get high.
- 9.5% had used a form of cocaine in their lifetime.

Youth substance abuse and co-occurring disorder services can be funded through most medical insurance policies, Virginia Medicaid, some grants, DSS and DJJ funds, FAPT- and FAST- approved monies.



Youth Services Mount Rogers Community Services Board

Bland and Wythe Youth Services
540 East Main Street
Wytheville, VA 24382
276-223-3291
Fax: 276-223-3249

Smyth Youth Services
517 North Main Street
Marion, VA 24354
276-782-3948
Fax: 276-782-9153

E-mail address for all sites:
darlene.vaughn@mrcsb.state.va.us

Youth Services Bland, Smyth & Wythe Counties



Intervention for Substance Abuse and Co-Occurring Disorders

**Through Individual,
Group and
Intensive In-Home
Counseling**

Phone: 276-920-4002

SA and Co-Occurring Services



Drugs don't distinguish between gender, race or socioeconomic status.

Youth Services

Statistically, the highest per capita rates of mental illness, drug overdose and suicide for Virginians occur in the Southwestern area of the Commonwealth. As part of the Systems of Care for youth in the counties of Carroll, Grayson, Bland, Smyth, Wythe, and the city of Galax, Mount Rogers CSB offers Psychiatry, Case Management, Mental Health Support, Mentoring, and Clinical Services. These services are based in Marion for individuals in Smyth County and in Wytheville for residents of Bland and Wythe Counties. An expansion for Clinical Services is the provision of individual and group therapy, and intensive in-home counseling, for youth who are affected by substance use and co-occurring (mental illness and substance use) disorders.

Substance use by adolescents is pandemic and can include inhaling household cleaners and supplies; taking prescribed drugs without the supervision of a physician; drinking alcohol; using illegal drugs; or taking excessive amounts of over-the-counter (OTC) drugs. In essence, a drug is a drug is a drug. Experimental and dependent use severely complicates the mental and physical health of our youth. Adolescents are vulnerable due to emotional and bodily changes that take place naturally through hormonal changes. And, when adolescents use substances to self-medicate the effects of a co-occurring mental illness, the results can be devastating, for the child and family.



In-Home Services can alleviate the generation chasm caused by adolescent drug use.

Affordable and Available

Substance use services for youth are provided by licensed and/or certified addictions professionals. Rates are cost-effective. For example, per participant, the following rates apply:

◇ Group \$40 per session

Substance Abuse Groups typically meet for 12 sessions.

◇ Individual Therapy \$86 per hour

Therapy is usually 10 sessions.

◇ In-Home Therapy \$80 per hour

Intervention is a minimum of 3 hours per week for 12 weeks

◇ Assessment \$150

Referrals come from law enforcement, probation and parole, medical and school personnel, parents and other family members.

Give us a call today!

Counseling provided for substance abuse and co-occurring disorders is individualized for each youth as indicated by assessed need.

For Bland, Smyth and Wythe, call 276-920-4002